

# RECOMMENDATION ACTIVITY WORKSHEET

Do your best to fill out completely so your recommender has the best information for writing your recommendations!

Student's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Social Security # \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Student Cell Phone #: \_\_\_\_\_

Student's Email Address: \_\_\_\_\_

Highest SAT score: Critical Reading  Math  Writing

Highest ACT score: Composite  Math  English

Are you the first person in your immediate family (parents/siblings) to attend college?  Yes  No

Where did your parents go to college? \_\_\_\_\_

Three teachers who know you well: 1. \_\_\_\_\_  
(One English teacher) 2. \_\_\_\_\_  
3. \_\_\_\_\_

Colleges Applying To	Application Deadlines
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Possible Major(s): \_\_\_\_\_

Career Goals: \_\_\_\_\_  
\_\_\_\_\_

**SCHOOL ACTIVITIES (CLUBS, TEAMS, SPORTS, PERFORMING ARTS)**

Name of Group	Grade	Responsibilities or Office Held
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**OUTSIDE ACTIVITIES (CHURCH, COMMUNITY, GROUP, COMMUNITY SERVICE)**

Name of Group	Grade	Responsibilities or Office Held
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**HONORS & AWARDS**

Name of group	Grade	Awards
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**WORK EXPERIENCE**

Employer	Mo./Yr.	Position
_____	_____	_____
_____	_____	_____

**Favorite activities, hobbies:** \_\_\_\_\_  
\_\_\_\_\_

**ADDITIONAL INFORMATION**

**Important events or experiences:** \_\_\_\_\_

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**Person (other than parent) or event having a great influence on you. Explain why:** \_\_\_\_\_

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**Athletic program, scholarship competition, particular program in which you expect to participate in college:** \_\_\_\_\_

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**Name and discuss your strengths and weaknesses (academic/personal):** \_\_\_\_\_

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**List at least three words or phrases that describe you:** \_\_\_\_\_

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**How would your best friends, teachers, and/or parents describe you?** \_\_\_\_\_

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**Anything else you want emphasized in a recommendation:** \_\_\_\_\_

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**PARENT WORKSHEET**

**Student' Name:** \_\_\_\_\_

**Briefly describe your son/daughter, including outstanding or unusual qualities: (anecdotes are very helpful!)**

**List any events or experiences that have influenced him/her:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**List some activities your son/daughter has always enjoyed:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**At present, what do you see as his/her strengths and weaknesses (academic and personal):** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Describe anything in particular about your son/daughter you feel that college should be made aware of:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Any special consideration which affects the decision of where to apply/attend college:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_